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THE MAYANS

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VADE MECUM, VOLVENTIBUS ANNIS

THE MAYANS
SAN ANTONIO,
TEXAS

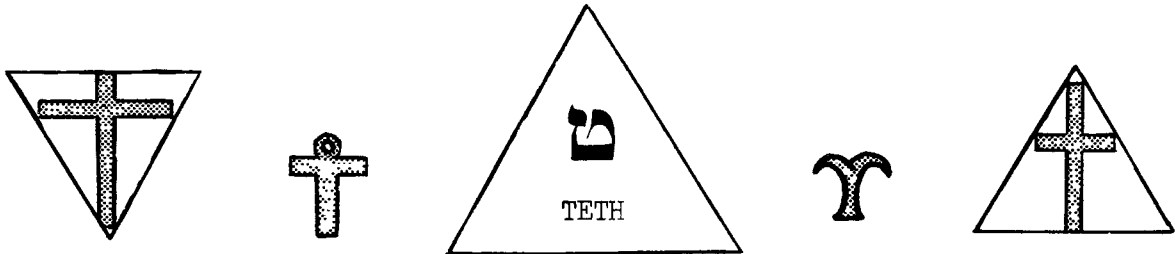
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PRECEPTORY NUMBER 13

Revelation Number 44



The Sign of The Cross



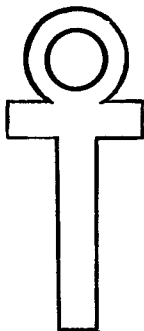
Thou hast dealt well with Thy Servant
O Jehovah, according unto Thy Word.




Teach me good judgment and knowledge
For I have believed in Thy Commandments.




Before I was afflicted I went astray
But now I observe Thy Word.







Thou art Good and doest Good;
Teach me Thy Statutes.

The proud have forged a lie against me;
With my whole heart will I keep Thy Precepts.



The ninth letter of the Hebrew alphabet, and the twentieth of the English alphabet. Symbol of the Cross and the Tabernacle. The Greek equivalent is Tau. In the ancient Hebrew alphabet its form was not , but  or sometimes  in which form it also appeared as the last letter of the alphabet, or the final Tsaddi, or Tau.

Strangely, this sign  is the mark Hitler required all German Jews to wear conspicuously on their clothing. We say "strangely" because in Ezekiel 9:4 we find "Go through the midst of the city, and set a mark upon the foreheads of the men that sigh and that cry for all the abominations that be done in the midst thereof." This mark has been identified as the cross  or , and was to mark them as people to be SAVED, because of their sorrow for sin, whereas the others, who worshipped idols, were to be killed.

The Mayan form, according to Le Plongeon, was , which resembles somewhat a Palm tree, or the Tree of Life. The Asiatic  and  became  and , and more gradually became  in the Greek Tau. From this evolved the Roman T. It is a sign of salvation, of suffering, and being saved through suffering; i.e., as from the Cross, our Great Companion entered Heaven.

According to the students of the Talmud, Moses anointed Aaron as the high priest by marking his forehead with this sign. It saved Isaac from death, and preserved from destruction an entire people whose doorways were painted with this sign. In India it is called Tiluk and is a mark of a Brahman. In ancient Gaul it was the sign of their Supreme Being. Most famous use of it was among the Egyptians. Scarcely an Egyptian manuscript is found without the Crux Ansata, or a symbol of Life formed of the female and male principles. It indicated that its possessor was a Companion of an ancient wisdom society.

*B*eloved Companion:

With this Monograph goes forth to you our loving thoughts and, in thought, a circle of Omnipotent Love encloses you in its protective aura.

All Hail the Divine Consciousness attained in this Beloved Companionship.

The "Time" draws nearer and we of this Mayan Companionship must be prepared. We must be prepared to aid our neighbors, our friends and our dear ones, as well as to protect ourselves, by aid of the teachings we have and will receive; for by persons such as we, by kindred minds, will the world be rebuilt when the destruction ceases; by persons such as those of our Companionship must sanity be restored to a world steeped in madness. From persons such as you must wise counsel and instruction be given to others. Therefore, my Companion, look to your thoughts, - your Habits of Thinking! Rid yourself of all evil thoughts.

Eliminate completely from YOUR consciousness all the weed-thoughts of Weakness, Failure, Unhappiness, Hate, Poverty, Inharmony, Impurity, Fear, Discord, Worry, Stinginess, Selfishness, Suspicion, Sickness, Ugliness, Death, or the Devil.

FILL YOUR CONSCIOUSNESS INSTEAD WITH POSITIVE THINGS!

Fill it with the loving, fruitful thoughts of Strength, Success, Happiness, Love, Plenty, Harmony, Purity, Power, Peace, Contentment, Generosity, Kindness, Faith, Health, Beauty, Life, Good, and GOD.

The first list above shows the weeds in the Garden of your Thoughts. Unless you pull them out, they grow and multiply rapidly. They re-seed themselves easily. If you find any of these things too deeply rooted in your habits of thought, too twined about your convictions to be weeded out immediately, then determine to systematically eliminate them so that the flowers and fruits of the second list may find room to grow and to multiply.

Revise your system of thinking; reshape your convictions and reform your consciousness. Pull away a little here and spade a little there, and work continually to plant the lovely, flowering, fruitful habits of Thought.

Examine all of your likes and all of your dislikes. Have a mental Springhousecleaning. Take an inventory. You will find, as you look over your likes and dislikes one by one, that at the base of each is a seed of selfishness. Don't cultivate such seeds. Weed them out.

Remember that what you Think is what You CREATE!

Wherever you produce a weed of disharmony, or discord or unhappiness, you also produce Resentment, and the resentment is reflected back on you and, in all

For every negative thought there is an opposite thought. Whenever you discover a mental weed, THINK IMMEDIATELY, "What is the opposite of that thought?" When you get the answer, think the opposite, and think diligently. Remember, you are now dealing with the CREATIVE POWERS OF MIND.

These POWERS are yours to Command. YOU are in CONTROL OF THEM. If you think negatively about any person or any thing, you CREATE NEGATIVELY; but if you think positively you CREATE POSITIVELY. It is possible to create Destructively and it is equally possible and infinitely pleasant-er to create CONSTRUCTIVELY and HARMONIOUSLY.

Saturate your mind with Good Thoughts, your vision with Perfection, your ears with Harmony, your mouth with Good Words and, when your day's duties are begun, put the Energy of Positive Action into them. Do everything that you have to do as Perfectly as you can. EVERY action in that direction, no matter how small, how seemingly inconsequential, is a movement nearer to Perfection, for by all the little actions you are forming new habits.

You started the day with Love and Harmony and you went forward with actions tending toward perfection. Keep those same impulses all through the day. Let nothing turn you aside toward old habits. Fill ONE WHOLE DAY that way, just ONE perfect day, and all the rest of your life it will be easier for you to KEEP Harmony in your consciousness.

Let smiles take the place of drooping lips; a clear, calm forehead the place of a frown; a charitable word or a cheerful word the place of a sarcastic remark or a rough command. They will all come back to you. Perhaps at first the other person will be too startled to respond in kind, having grown to expect something else, but KEEP IT UP. Soon the flowers you plant will take root in the other person's consciousness and, sooner or later, they will sprout there and flower, and bear fruit abundantly.

There is a fragrance in a smile that can fill a whole room. Your smile is infectious. Not only that, but it lifts you up. Furthermore, it is EASIER to smile than it is to frown. TRY IT.

Avoid criticism; it seldom does much lasting good and it certainly does not add to your popularity. To criticize is to imply the adoption of your ideas instead of the ideas the other fellow has and, therefore, it is a self-assumption of superiority which may not be justified by the facts. If you are sure of your superior experience, then show the better way or explain it - not as a better way but as another way that the same results may be obtained, and let the OTHER person's intelligence act as it will. Instead of criticizing, give out Love, sympathy and appreciation. Let people know that YOU see the good that is in them, or at least some of it.

Go through all the day wishing well to everyone and looking for every chance to quietly and unobtrusively express love and thoughtful kindness for others.

Above all, DON'T look for your REWARD from them. The reward is WITHIN YOURSELF. It comes in your own increased abilities - in your own greater creative

probability, is multiplied.

THAT WHICH YOU GIVE COMES BACK TO YOU!

No one escapes it, - it is the Law. You can see it illustrated all about you, in the lives of nations as in the lives of individuals.

Give forth harsh words and you get harsh words in return. All evil acts are retaliated. Consequences cannot be escaped. Cause and Effect rule through all God's Universe.

The least result of a wrongful act is a disturbed consciousness and a debt to that balancing action called Karma. The order and harmony of your mind are interfered with and this tends to generate negative thought.

True, such disturbances are, in a way, useful. They make you aware of the necessity to turn to good and wholesome uses all actions and all thoughts that come to you. Do not cultivate a dislike. The tendency to do so, whether it be a dislike of a person or a thing, produces negative thinking.

Search for the good and refuse lodging to the bad, and make this a habit. If you dislike a neighbor, try with all your might to see something good in him and emphasize that good when you think of him.

Keep in your consciousness the Divine Precept, "Love Ye One Another", a brotherly love that seeks to do kindly deeds and to emphasize the good. Do this - not merely so that good may come back to you, - it will! But do not make that the reason for a realization of the Brotherhood of Man.

If your demonstration of brotherly love is given for that reason you will always be measuring the returns, and that leads to bitter disappointment. Love cannot be measured or weighed and sold as a merchant offers his wares.

If you try to dole out Love in controlled amounts, you will be disappointed, for in like measure will it be meted back to you - in stingy amounts. Rather, give it gladly, freely, generously. THE MORE YOU LOVE MANKIND, THE MORE YOU INCREASE YOUR CAPACITY FOR LOVING, AND LOVE IS LIFE!

Similarly, HATE IS DEATH!

Therefore, pull up the weeds of hate, tend your Garden of Thought and cultivate the flower of Love. Nurture nothing that springs from the seed of selfishness.

When you arise in the morning, let your first thoughts be controlled by the Light of Love. Give thought to the happiness and welfare of others. Examine your mental garden. If you find the seedling of an unkind or critical thought, bend down and pull it up, and IMMEDIATELY plant a good one in its place.

capacity and in your own increased INNER POWER. Of course, there are outer manifestations too, in the firmer friendships, the enduring devotions and the love of your fellowmen, but these usually appear more slowly.

During the days ahead, make an earnest effort to achieve ONE Perfect Day.

If even one thing mars it, try again. Try again until you DO achieve the One PERFECT Day. Then, when evening comes, think over the deeds of the day.

In the evening, instead of thinking of some place to go for entertainment, instead of listening to the exciting programs on the radio, just quietly sum up the day and think up things to do for others. Plan the affairs of the next day. Meditate, not too solemnly, but pleasantly, appreciately, THANKFULLY TO GOD.

Try to find an occasional quiet hour alone. Take up the lessons Mayanry has given you in the past and review them, seeking some new keyword for the morrow, some new thought or inspiration. Do not seek too much, for you can produce a traffic-jam in your mind with too many constructive thoughts crossing the bridge of your consciousness at one time. Go slowly and take time for reflection. It is a requirement for self-perfection. By reflecting those thoughts from your mind to others, they will surely be reflected to you. In this, too, you will experience a strong surge of inner joy and satisfaction.

Do not be discouraged if you experience moments when all that you have learned seems in an instant turned to nothingness.

All scholars and deep students experience those moments - and that includes your Instructor who writes these words for you to read.

The distinguished scientist, Dr. Albert Edward Wiggam, was once asked, "If you practice steadily at typewriting, shorthand, tennis, golf, or driving a car, etc., can you possibly make steady progress?"

This great scholar replied, "No, your progress will go up steps like a stairway. The classic experiments of Bryan and Harter, which enchanted me when I was a boy, and which started my interest in psychology, showed that your 'curve of learning' goes up steadily for a while and then flattens out on a level, or plateau. Then, in spite of all your efforts, you can't improve by a single stroke. However, after a time, you suddenly start up the stairway again to the next step, and how high you finally climb depends on yourself."

There is a tide and a rhythm to ALL things. We eat a meal rather rapidly, but it takes more time to digest it before we are ready for another meal. Civilizations advance between wars, but warfare lets us appreciate the values of Peace. Meditation hours are the times to ASSIMILATE that which we have been taught. Quiet hours are to ABSORB in our INNER CONSCIOUSNESS that which we have learned in outer consciousness.

Riches of Wisdom, Knowledge of Powers of YOUR Mind, will avail you little without practicing these periods of absorption and assimilation. Even the Prophet Jeremiah wrote, "With desolation is the world made desolate because no man does Thinketh in his heart." Most all of our follies and failures are the consequences of our lack of meditation in solitude.

This lesson can be most valuable to you and most rich in its rewards if you will put it into action in your life now.

It is said that a habit is acquired by the repetition of an act for seven-teen days in succession. I only ask that you practice the advice of this lesson until you attain ONE Perfect Day. You see, it does not take long to acquire a new habit and the acquisition of this habit will bring you MANY Perfect Days, if you KEEP this habit alive and ACTIVE in YOUR Life once you HAVE ATTAINED it.

In creating a new habit it is well to remember that, unlike the new leaves in Spring that replace the old - old habits have a way of re-asserting themselves if we do not guard against them. Progress is attained "step by step" as we steadily advance. We cannot zoom up to perfection.

But we may count on the certainty of Time and practice. Give Life and activity to them and they WILL mature in the Garden of Your Mind.

May The Father Inspire YOU to Persevere,

THE MAYANS



FLOWERS OF THOUGHT FROM FAMOUS THINKERS

We should round every day of stirring action with an evening of thought. We learn nothing of our experience except we muse upon it. -- Bovee.

Whatever that be which thinks, which understands, which wills, which acts, it is something celestial and divine, and upon that account must necessarily be eternal. -- Cicero.

Thought means life, since those who do not think do not live in any high or real sense. Thinking makes the man. -- Alcott.

Growing thought makes a growing revelation. -- George Elliott.

There is a thread in our thought, as there is a pulse in our feelings. He who can hold the one knows how to think, and he who can move the other knows how to feel. -- Disraeli.

There is no thought in any mind but it quickly tends to convert itself into a Power, and organize a way, and a means. -- Emerson.

What a man thinks in his spirit in the world, that he does' after his departure from the world when he becomes a spirit. -- Swedenborg.

Thought is the seed of action. -- Emerson.

As a man thinketh in his heart, so is he. -- Bible.

EXERCISE

(NOTE: This exercise is not intended strictly as an examination, but as a form of self-expression, of benefit to yourself and enables us to judge whether you are understanding the lessons completely. Ordinarily, no reply will be made, but these tests will be marked for grade and recorded. Detach this page now, fill it in and mail it at once. Additional remarks may be written on the back of this page.)

Question No. 1. What is your duty as a Mayan in the present condition of the world?

Answer: _____

Question No. 2. What is the list of Negative "weed-thoughts" that spring usually from a selfish attitude of mind?

Answer: _____

Question No. 3. What is the list of Positive, flowering and fruitful thoughts we may plant in their stead, in the Garden of The Mind?

Answer: _____

Question No. 4. How can one avoid having resentment cast upon him?

Answer: _____

Question No. 5. Why should we not cultivate our dislikes?

Answer: _____

Question No. 6. Why should we develop the habit of living in "Brotherly Love"?

Answer: _____

Question No. 7. What thought should you hold when you arise in the morning? During the day? At evening? Why?

Answer: _____

Question No. 8. Why should we not look for our rewards from the beneficiary of our good and unselfish deeds?

Answer: _____

Question No. 9. Can anyone make steady progress toward perfection?

Answer: _____